

WEEKLY SAMPLE LUNCH MENU

CHICKEN SUPERFOOD SALAD

Trio of quinoa, baby spinach, roasted butternut squash, feta cheese
red onion, toasted cashew nuts, cherry tomatoes,
pomegranate seeds, honey mustard mint & lemon dressing

€13.50

CHEF RECOMMENDS

ABOVE SERVED IN A HOMEMADE BEETROOT 12"
FLOUR WRAP (FREE UPGRADE)



VEGETABLE SOUP

Served with Brown Bread

€8.00

CHICKEN OR VEGETABLE CURRY OF THE WEEK

Served with rice

€13.50

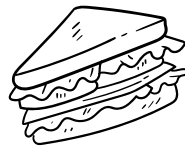
Served with half rice/half fries

€14.50

BEEF AND GUINNESS STEW

Served with creamy mashed potato

€13.50



HAM & CHEESE TOASTY

Served on our homemade Flatbread
Served with a choice of fries or soup

€12.50

BEEF BRISKET SANDWICH

Beef jus, mozzarella, horseradish mayo, pearl onions.
Served on our homemade flatbread
Served with a choice of fries or soup

€13.50

PLANTA SANDWICH

Cult Cheese Almond Melter, olives, red onion,
rocket & Cherry tomatoes. Served with a
choice of fries or soup

€12.50



SPICE BAG

Crispy Shredded chicken diced breaded goujons, red
peppers, green peppers, sauteed red onion, chopped
spring onion, and skinny cut fries, tossed in our
authentic house spice mix & served with a curry dip

€13.50

VEGAN SPICE BAG

Falafel Nuggets, Deep Fried Tofu, red peppers, green
peppers, sauteed red onion, chopped spring onion & skinny
cut fries, tossed in our authentic house spice mix & served
with a curry dip

€13.50

GLUTEN FREE MENU AND ALLEGREN LIST ON REQUEST